

dragonfly day spa



Experience our Day Spa as you take in the peaceful, scenic surroundings of Eco Beach and the ocean. A variety of treatments are available to calm your mind and nurture your body.

The Dragonfly - 2.5 hours \$285 - Be transformed with this top-to-toe experience: Cleansing foot soak / neck and shoulder seated massage, homemade and all-natural aloe vera and brown sugar full body exfoliation leaving skin feeling silky and soft, full body pampering and relaxing massage to address any tension in the body and customised rejuvenating bespoke facial.

Eco Scrub and Massage - 1 hour \$105; 1.5 hours \$155 - A delicious emulsified homemade and all-natural aloe vera and brown sugar body exfoliate, designed to wash off easily and leave the skin feeling silky smooth. This ultimate top-to-toe reviver includes a full body exfoliation; facial cleanse and exfoliation; shower and full body relaxing and moisturising massage to hydrate and protect.

Classic Spa Ritual - 2 hours \$195; 1 hour \$105 - Full body massage (style of choice) following a rejuvenating bespoke facial. Pampering and relaxing combination.

Six Senses Treatment - 2 hours \$200; 1.5 hours \$150; 1 hour \$110 – An uplifting and deeply relaxing session combining different sensual healing techniques. Upon consultation with your therapist we will decide on a combination of the best treatments such as Reiki, aromatherapy, yoga massage and nature's touch to personalize to your specific needs. Suitable for pregnant women.

"DJ mash up" Massage - 1.5 hours \$150; 1 hour \$110; 30mins \$65 - Upon consultation with your therapist we will decide on a combination of the best techniques from all styles to customise and cater to your specific needs.

Hot Stones Massage - 1.5 hours \$150; 1 hour \$110; 30mins \$65 - A massage technique which uses heated volcanic basalt stones to soften muscles, break tension and adhesions within the muscle layers and flush out toxins. Recommended for guests who prefer deep tissue work. However, it is also suitable for those who just want to drift off into another world. Not suitable for pregnant women.

Remedial Massage - 1.5 hours \$150; 1 Hour \$110; 30mins \$65 – a massage targeted at problem areas using deep tissue and trigger point therapy to release tension and stagnation which may be causing pain and discomfort.

Swedish Massage - 1.5 hours \$150; 1 hour \$110; 30mins \$65. - A relaxing nurturing full body massage treatment with either gentle or firm strokes. This massage will relieve any tension and general muscular aches and pains calming the body and mind.

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Balinese Massage - 1.5 hours \$150; 1 hour \$110; 30mins \$65 – An ancient, deep tissue massage taking you into a sense of deep relaxation and meditation. Special techniques used are stretching of the body, lymphatic drainage and long flowing strikes. It helps balancing the body as a whole by improving circulation and restoring vitality.

Lomi Lomi Hawaiian Massage – 1.5 hours \$150; 1 hour \$110; 30mins \$65 - full body massage using long flowing strokes and stretching to promote muscle relaxation and healing. Kneading, rubbing and soothing.

Reiki - 1 hour \$90; 30mins \$40 Japanese technique for stress reduction and relaxation. often described as palm healing or hands-on-body healing in which a practitioner places hands lightly on or over a patient's body to facilitate the patient's process of healing

Pregnancy Massage - 1.5 hours \$150; 1 hour \$110; 30mins \$65 - Therapeutic and pampering body 'side-lying' massage especially for pregnant women to improve sleep, reduce anxiety and relieve muscles aches and joint pains. Suitable for women during the first, second and third semester of pregnancy.

Bespoke Facial - 1 hour \$95; 30mins \$50 - Customised facial using homemade and all-natural products, this delicate, yet highly rejuvenating range will leave your skin feeling refreshed, replenished and rebalanced. Suitable for all skin types.

Travellers Delight – 1 hour \$95 - Cleaning foot soak / neck and shoulder seated massage; homemade and all-natural foot scrub / foot massage, following with a rebalancing back massage.

Kids Yoga - Please ask us and we can organise a kids yoga session for your little ones. (Please organise with us the day before)

Meditation - Ask us and we can organise a beautiful Sunrise or Sunset meditation with our onsite Yoga Teacher. (Please organise with us the day before)

Spa Etiquette:

Please arrive at Dragonfly Day Spa 5-10min prior to your scheduled treatment commencement. No specific dress code. Consultation card and refreshment will be provided, please shower off any sand and salt prior to your arrival. Late arrivals or time taken to shower may impact on your full treatment time.

Specify during the booking if you have any food allergy for the following treatments: Bespoke Facial, Travellers Delight, Classic Spa Ritual, Eco Scrub and Massage, The Dragonfly, Six Senses Treat.

To hydrate and protect your skin, we use the beautiful organic and local skin care from Hidden Valley Handcrafts from Broome.