

Dragonfly Day Spa



Treat Yourself

Be Pampered

Relieve Sore Muscles

Relax

*Book a massage or spa treatment during your stay.
Experience our Day Spa as you take in the scenic surroundings of eco beach and the ocean.
Open 10am to 6pm daily
(Early morning and evening treatments available by request).*

Relaxation – 1.5 hours \$150; 1 hour \$105 – Gentle nurturing full body massage. Pampering and relaxing combination.

Remedial - 1 Hour \$110; 30mins \$65 – a massage targeted at problem areas using deep tissue and trigger point therapy to release tension and stagnation which may be causing pain and discomfort.

Sports - 1 hour \$110; 30mins \$65 – Designed to generate heat within the muscles with deep tissue and trigger point therapy combined with light stretches.

Reiki - 1 hour \$90; 30mins \$40 Japanese technique for stress reduction and relaxation. Often described as palm healing or hands-on-body healing in which a practitioner places hands lightly on or over a patient's body to facilitate the patient's process of healing.

Massage for You – 1 hour \$110, 30mins \$65 - Discuss with your therapist a combination to suit you – including acupressure, craniosacral, reiki and relaxation (gentle therapy).

Spa Etiquette:

Please arrive at Dragonfly Day Spa 5-10min prior to your scheduled treatment commencement. No specific dress code. Consultation card and refreshment will be provided, please shower off any sand and salt prior to your arrival. Late arrivals or time taken to shower may impact on your full treatment time.

Cancellation Policy: We have saved this spot just for you. So please let us know as soon as possible if you are unable to attend for any reason. We kindly request 4 hours notice or 50% of the fee will be charged.